

For Pouches with a Best By FEB 13 2028 or later



functional formularies®

NOURISH®

ORGANIC WHOLE FOODS MEAL REPLACEMENT

— EST. 2006 —

ORIGINAL FORMULA



OPTIMIZED FOR CHILDREN 4-8 YEARS OLD

.....
TREE NUT FREE • GLUTEN FREE • DAIRY FREE • SOY FREE • CORN SYRUP FREE
NON GMO • BPA FREE PACKAGING • NO ADDED SUGAR*
.....

*NOT A LOW CALORIE FOOD

functionalformularies.com • 937.433.HOPE (4673)

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AUGUST 2026



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NOURISH:

The world's first shelf-stable, organic, whole food feeding tube formula and meal replacement designed with the nutritional needs for children in mind.

- Formulated for tube feeding or oral feedings
- For supplemental or sole source nutrition
- Whole foods, complete nutrition (1.2 kcal/mL)
- 3 pouches of Nourish meets 100% of the DRI for 25 vitamins and minerals for children ages 4-8 years old*
- Use under medical supervision
- Contains 9g of dietary fiber per 341g pouch
- Soy Free
- Corn Syrup Free
- Gluten Free
- Dairy Free
- Tree Nut Free
- Lactose Free
- USDA Certified Organic
- Non GMO
- BPA Free Packaging
- Plant-Based

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Nourish	212797	24 - 12oz (341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

Not intended to diagnose, treat, cure, or prevent disease. Not intended to diagnose, treat, cure, or prevent disease. Not intended for infants under one year of age. Please check with your healthcare provider before beginning the use of Nourish.

INGREDIENTS:

Water, Organic Garbanzo Beans, Organic Green Peas, Organic Whole Grain Brown Rice, Organic Carrots, Organic Extra Virgin Olive Oil, Organic Sprouted Quinoa, Organic Pea Protein, Vitamin And Mineral Blend [Calcium Citrate, Potassium Chloride, Sodium Chloride, Potassium Phosphate, Choline Bitartrate, Magnesium Glycinate, Mixed Tocopherols(E), Zinc Gluconate, L-Carnitine Tartrate, Cholecalciferol(D3), Calcium D-Pantothenate(B5), Niacinamide(B3), Thiamine Mononitrate(B1), Biotin, Calcium L-5-Methyltetrahydrofolate, Sodium Selenite, Potassium Iodide, Pyridoxine Hydrochloride(B6), Riboflavin(B2), Methylcobalamin(B12), Chromium Picolinate], Organic Sweet Potato, Organic Broccoli, Organic Kale, Organic Acerola Powder, Organic Flax Oil, Organic Turmeric, Organic Ginger

*Use for ages 9-13 may be appropriate at the discretion of a healthcare provider under medical supervision.



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NUTRITIONAL INFORMATION:

kcal/mL: 1.2

Caloric Distribution (% of kcal)

Protein: 14%

Fat: 37%

Carbohydrate: 45%

Fiber: 4%

Protein Content/Source: 14g/341g

Organic Pea Protein, Organic Garbanzo Beans, Organic Green Peas, Organic Whole Grain Brown Rice, Organic Sprouted Quinoa

Fiber Content/Source: 9g/341g

Organic Garbanzo Beans, Organic Green Peas, Organic Carrots, Organic Sprouted Quinoa, Organic Whole Grain Brown Rice, Organic Pea Protein, Organic Sweet Potato, Organic Broccoli

NPC:N Ratio: 154:1

Omega-6 to Omega-3 Ratio: 5.6:1

Water: 242g/341g pouch

Meets 100% DRI for 25 essential vitamins and minerals for ages 4-8 years*: 3 341g pouches

HCPCS Code: B4149

NDC Code: 57858-0004-12

USER GUIDE :

- Please check with your medical team for an appropriate transition regimen if switching from a commercial enteral formula to Nourish. You may need to transition slowly over the course of 7-10 days to allow the body time to adapt to differences in the formulas.
- Nourish has a 12-hour ambient room temperature hang time.
- Store unopened formula at room temperature.
- Once opened, the formula can be refrigerated in a sealed container and used within 24 hours.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation. Addition of any liquid will reduce hang time.
- The formula can be eaten orally.

*Use for ages 9-13 may be appropriate at the discretion of a healthcare provider under medical supervision.

Actual volumes of formula required are a function of a child's weight, age, and other variables and should be determined by a Registered Dietitian or the healthcare provider. Nutritional requirements for children are not solely based upon age and nutrient goals must be calculated accordingly.

NUTRIENTS	1 Pouch (12 oz) per serving 341g (316mL*)		3 Pouches (36 oz) per serving 1023g (940mL*)	
	VALUE	%DRI	VALUE	%DRI
Caloric Density, kcal/mL	1.2		1.2	
Calories, kcal	400		1200	
Protein, g	14		42	
Total Carbohydrate, g	55		165	
Total Fat, g	17		51	
Dietary Fiber, g	9		27	
Soluble Fiber, g	4		12	
Insoluble Fiber, g	5		15	
Total Sugars, g	12		36	
Added Sugars, g	0		0	
Water, mL	242		726	
VITAMINS				
Vitamin A, mixed carotenoids, mcg RAE	170	43%	510	129%
Vitamin B1 - Thiamin, mg	0.23	38%	0.69	114%
Vitamin B2 - Riboflavin, mg	0.29	48%	0.87	144%
Vitamin B3 - Niacin, mg	3	38%	9	114%
Vitamin B5 - Pantothenic Acid, mg	1.41	47%	4.23	141%
Vitamin B6 - Pyridoxine, mg	0.3	50%	0.9	150%
Vitamin B12 - Cobalamin, mcg	0.6	50%	1.8	150%
Vitamin C, mg	39	156%	117	468%
Vitamin D, IU	280	47%	840	141%
Vitamin D, mcg	7	47%	21	141%
Vitamin E, IU	5.3	51%	15.9	153%
Vitamin E, mg	3.55	51%	10.7	153%
Folate, mcg DFE	121.3	61%	363.9	183%
Vitamin K, mcg	25	45%	75	135%
Biotin, mcg	5.7	48%	17.1	144%
Choline, mg	109	44%	327	132%
MINERALS				
Calcium, mg	340	34%	1020	102%
Chloride, mg	700	37%	2100	111%
Chromium, mcg	5.58	37%	16.74	111%
Copper, mg	0.32	73%	0.96	219%
Iodine, mcg	48	53%	144	159%
Iron, mg	3.5	35%	10.5	105%
Manganese, mg	1	67%	3	201%
Magnesium, mg	89	68%	267	204%
Molybdenum, mcg	100	455%	300	1365%
Phosphorus, mg	345	69%	1035	207%
Potassium, mg	800	35%	2400	105%
Selenium, mcg	10	33%	30	100%
Sodium, mg	390	39%	1170	117%
Zinc, mg	2.77	55%	8.31	165%

*mL range is given due to the volume being affected by viscosity, altitude, and temperature. For the most accurate measurements please use the grams listed. All nutritional information contained herein is calculated using 341g per pouch.

For Pouches with a Best By Before FEB 13 2028



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— LET FOOD BE THY MEDICINE® —

NOURISH®

ORGANIC WHOLE FOODS MEAL REPLACEMENT

EST. 2006

ORIGINAL FORMULA

COMPLETE PLANT BASED NUTRITION



OPTIMIZED FOR CHILDREN 4-8 YEARS OLD

.....
TREE NUT FREE • GLUTEN FREE • DAIRY FREE • SOY FREE • CORN FREE
NON GMO • BPA FREE PACKAGING • NO ADDED SUGAR*
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*NOT A LOW CALORIE FOOD

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— LET FOOD BE THY MEDICINE® —

NOURISH:

The world's first shelf-stable, organic, whole food feeding tube formula and meal replacement designed with the nutrition needs for children in mind.

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- Nourish meets all food safety requirements and meets all GRAS, HACCP, and CGMP standards. Nourish is produced in an FDA/USDA registered facility with a USDA inspector on site. SID#: 2016-0106/001
 - Formulated for tube feeding or oral feedings
 - For supplemental or sole source nutrition
 - Whole foods, complete nutrition (1.13 kcal/mL)
 - Three (3) pouches of Nourish a day meets or exceeds 100% of the DRI for 26 key vitamins and minerals for children ages 4-8 years old*
 - Use under medical supervision
 - Contains 7 grams of naturally occurring dietary fiber per 341g pouch
 - Gluten Free
 - Dairy Free
 - Soy Free
 - Corn Free
 - Tree Nut Free
 - USDA Certified Organic
 - 100% GMO Free
 - BPA-Free Packaging
 - Plant-Based
 - Safe to use for people with lactose intolerance

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Nourish	NWS124	24 - 12oz (341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

Not intended to diagnose, treat, cure, or prevent disease. Not intended for infants under one year of age unless specified by a physician or Registered Dietitian. Please check with your healthcare provider before beginning the use of Nourish.

INGREDIENTS:

filtered water, organic garbanzo beans, organic green peas, organic whole grain brown rice, organic carrots, organic extra virgin olive oil, organic sprouted quinoa, organic pea protein, vitamin blend [Calcium Citrate, Potassium Chloride, Sodium Chloride, Potassium Phosphate, Choline Bitartrate, Magnesium Glycinate, Mixed Tocopherols(E), Zinc Gluconate, Cholecalciferol(D3), Calcium D-Pantothenate(B5), Niacinamide(B3), Biotin, Sodium Selenite, Potassium Iodide, Thiamine Mononitrate(B1), 5-Methyltetrahydrofolate, Calcium Salt, Pyridoxine Hydrochloride(B6), Riboflavin(B2), Methylcobalamin(B12), Chromium Picolinate], organic sweet potato, organic broccoli, organic kale, organic acerola powder, organic flax oil, organic turmeric, organic ginger

*Nourish may be appropriate for individuals of other ages under medical supervision.



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NUTRITIONAL INFORMATION:

kcal/mL: 1.13

Caloric Distribution (% of kcal)

Protein: 14%

Fat: 36%

Carbohydrate: 50%

Protein Content/Source: 14g/341g

Organic pea protein, organic whole grain brown rice, organic garbanzo beans, organic green peas, organic sprouted quinoa

Fiber Content/Source: 7g/341g

Organic garbanzo beans, organic green peas, organic carrots, organic whole grain brown rice, organic sprouted quinoa, organic pea protein, organic broccoli, organic sweet potato

NPC:N Ratio: 154:1

Omega-6 to Omega-3 Ratio: 2.1:1

Osmolality mOsm/kg H₂O: 553

Water: 242g

Meets 100% of the DRI for 26 key vitamins and minerals: three 341g pouches*

HCPCS Code: B4149

Insurance Data Bank & Billing Codes/NDC Code:**

- **MediSpan:** 57858-00412
 - **First Databank:** 57858-0004-12
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Viscosity: Nectar-like at room temperature

USER GUIDE :

- Please check with your medical team for an appropriate transition regimen if switching from a commercial enteral formula to Nourish. You may need to transition slowly over the course of 7-10 days to allow the body time to adapt to differences in the formulas.
- Nourish has a 12 hour ambient room temperature hang time.
- Store unopened formula at room temperature for up to 2 years.
- Once opened, the formula can be refrigerated in a sealed container and used within 48 hours.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation.
- The formula can be eaten orally. Many enjoy it when heated on the stove and eaten as a soup, or when mixed with fruit and ice to create a smoothie.

** Medicare, Medicaid and health insurers may ask you to provide a National Drug Code / NDC number for insurance claims, billing or reimbursement purposes. Because our products are whole foods and do not constitute "drugs", we have an Insurance Data Bank and Billing Code that you should use when asked for an NDC number for our products.

Actual volumes of formula required are a function of a child's weight, age, and other variables and should be determined by a Registered Dietitian or the child's primary care provider. Nutritional requirements for children are not solely based upon age and nutrient goals must be calculated accordingly.

NUTRIENTS	12 oz Per Serving (341g/355mL*)		2 - pouches 24oz (682g/710mL*)		3 - pouches 36oz (1023g/1065mL*)	
	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**
Caloric Density, kcal/mL	1.13		1.13		1.13	
Calories	400		800		1200	
Protein, % kcal	14		14		14	
Protein, g	14		28		42	
Carbohydrate, % kcal	50		50		50	
Carbohydrate, g	50		100		150	
Fat, % kcal	36		36		36	
Fat, g	17		34		51	
Dietary fiber, g	7		14		21	
Soluble Fiber, g	1		2		3	
Insoluble Fiber, g	6		12		18	
Osmolality mOsm/kg H2O:	553		553		553	
Water, g/mL/cc	242		484		726	
VITAMINS						
Vitamin A, RAEs (mixed carotenoids) mcg	663	166%	1326	332%	1989	498%
Vitamin B1, Thiamin, mg	0.23	38%	0.46	76%	0.69	114%
Vitamin B2, Riboflavin, mg	0.29	48%	0.58	96%	0.87	144%
Vitamin B3, Niacin, mg	3.34	42%	6.68	84%	10.02	126%
Vitamin B5, Pantothenic Acid, mg	1.41	47%	2.82	94%	4.23	141%
Vitamin B6, mg	0.35	58%	0.7	116%	1.05	174%
Vitamin B12, mcg	0.4	33%	0.8	66%	1.2	100%
Vitamin C, mg	39	156%	78	312%	117	468%
Vitamin D, IU	200	33%	400	66%	600	100%
Vitamin E, Mixed Tocopherols, IU	5.8	55.7%	11.6	111.4%	17.4	167.1%
Folate, mcg	121.3	61%	242.6	122%	363.9	183%
Vitamin K, mcg	48	87%	96	174%	144	261%
Biotin, mcg	5.7	48%	11.4	96%	17.1	144%
Choline, mg	109	43.6%	218	87.2%	327	130.8%
MINERALS						
Calcium, mg	340	34%	680	68%	1020	102%
Chromium, mcg	5.58	37.2%	11.16	74.4%	16.74	111.6%
Copper, mg	0.32	72.7%	.64	145.4%	.96	218.1%
Iodine, mcg	53	58.5%	106	117%	159	175.5%
Iron, mg	4.2	42%	8.4	84%	12.6	126%
Manganese, mg	1.83	122%	3.66	244%	5.49	366%
Magnesium, mg	122.3	94.1%	244.6	188.2%	366.9	282.3%
Phosphorus, mg	383.5	76.7%	767	153.4%	1150.5	230.1%
Potassium, mg	770	34.3%	1540	68.6%	2310	102.9%
Selenium, mcg	10	33%	20	66%	30	100%
Sodium, mg	390	39%	780	78%	1170	117%
Zinc, mg	2.77	55%	5.54	110%	8.31	165%
POLYUNSATURATED FAT						
Omega-3 Fatty Acid, mg	440		880		1320	
Omega-6 Fatty Acid, mg	940		1880		2820	

Special Notes:

*mL range is given due to the volume being affected by viscosity, altitude, and temperature. For the most accurate measurements please use the grams listed. All nutritional information contained herein is calculated using a 341g/per pouch gram weight measurement.

**The DRI percentages are based off the Institute of Medicine's Dietary Reference Intakes for children ages 4-8 years of age.

Nourish undergoes regular nutritional analysis and lab testing. However, as with any real food product, variations in the nutrient levels can vary depending on the time of year, soil, and weather conditions. Although we do our best to provide you with the most accurate nutritional information possible, if you have a medical condition that requires you to be precise with specific nutrient levels, please discuss the use of this product with your medical team.