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— LET FOOD BE THY MEDICINE[®] —

NOURISH[®]

ORGANIC WHOLE FOODS MEAL REPLACEMENT

EST. 2006

PEPTIDE FORMULA



BERRY MEDLEY

COMPLETE PLANT BASED NUTRITION



OPTIMIZED FOR CHILDREN 4-8 YEARS OLD

.....
TREE NUT FREE • GLUTEN FREE • DAIRY FREE • SOY FREE
CORN FREE • NO ADDED SUGAR • NON GMO • BPA FREE
.....

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NOURISH PEPTIDE BERRY MEDLEY:

An organic, wholefood, peptide feeding tube formula made from 18 plant-based ingredients including blueberries, blackberries and cranberries.

- Nourish Peptide Berry Medley meets all food safety requirements and meets all GRAS, HACCP, and CGMP standards. Nourish Peptide Berry Medley is produced in an FDA/UDSA registered facility with a USDA inspector on site.
SID#: 20161118001
- Formulated for tube feeding or oral feedings
- For supplemental or sole source nutrition
- Nutrient dense, whole foods formula at 1.46 kcal/mL
- Formulated with 20g of complete protein per pouch
- Designed to meet or exceed 100% of the DRI for 26 key vitamins and minerals in three 341g pouches per day*
- Contains 8 grams of naturally occurring dietary fiber per 341g pouch
- Gluten Free
- Dairy Free
- Soy Free
- Corn Free
- USDA Certified Organic
- 100% GMO Free
- BPA-Free Packaging
- Plant-Based
- Safe to use for people with lactose intolerance

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Nourish Peptide Berry Medley	NOUPBWS124	24 - 12oz(341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

Not intended to diagnose, treat, cure, or prevent disease. Not intended for infants under one year of age unless specified by a physician or Registered Dietitian. Please check with your healthcare provider before beginning the use of Nourish Peptide Berry Medley.

INGREDIENTS:

filtered water, organic blueberries, organic green peas, organic pumpkin, organic whole grain brown rice, organic blackberries, organic cranberries, organic flax oil, organic hydrolyzed pea protein, organic extra virgin olive oil, organic coconut MCT oil, organic sprouted quinoa, organic broccoli, organic kale, organic pumpkin seed protein, organic apple cider vinegar, vitamin blend

[Calcium Citrate, Potassium Citrate, Choline Bitartrate, Potassium Phosphate, Mixed Tocopherols(E), Sodium Selenite, Potassium Iodide, Cholecalciferol(D3), Niacinamide(B3), Calcium D-Pantothenate(B5), Biotin, Pyridoxine Hydrochloride(B6), 5-Methyltetrahydrofolic Acid, Riboflavin(B2), Thiamine Mononitrate, Methylcobalamin(B12), Chromium Picolinate]

organic acerola powder, organic cinnamon, sea salt, organic stevia

*Three pouches of Nourish Peptide Berry Medley a day meets 100% of the DRI for 26 key vitamins and minerals for children ages 4-8 years old. Nourish Peptide Berry Medley may be appropriate for individuals of other ages under medical supervision.



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NUTRITIONAL INFORMATION:

kcal/mL: 1.46

Caloric Distribution (% of kcal)

Protein: 15%

Fat: 58%

Carbohydrate: 27%

Protein Content/Source: 20g/341g

Organic hydrolyzed pea protein, organic pumpkin seed protein, organic whole grain brown rice, organic green peas, organic sprouted quinoa

NPC:N Ratio: 137.5:1

Omega-6 to Omega-3 Ratio: 1:3.2

Osmolality mOsm/kg H2O: 460

Water: 242g

Meets 100% of the DRI for 26 key vitamins and minerals: three 341g pouches*

Fiber Content/Source: 8g/341g

Organic green peas, organic pumpkin, organic blueberries, organic blackberries, organic cranberries, organic sprouted quinoa, organic hydrolyzed pea protein

HCPCS Code: B4161

Insurance Data Bank & Billing Code/NDC Code: 5785800444

Viscosity: Nectar-like at room temperature

USER GUIDE :

- Please check with your medical team for an appropriate transition regimen if switching from a commercial enteral formula to Nourish Peptide Berry Medley. You may need to transition slowly over the course of 7-10 days to allow the body time to adapt to differences in the formulas.
- Nourish Peptide Berry Medley has a 12 hour ambient room temperature hang time.
- Store unopened formula at room temperature for up to 2 years.
- Once opened, the formula can be refrigerated in a sealed container and used within 48 hours.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation.
- The formula can be eaten orally. Many enjoy it when heated on the stove and eaten as a soup, or when mixed with fruit and ice to create a smoothie.

Actual volumes of formula required are a function of a child's weight, age, and other variables and should be determined by a Registered Dietitian or the child's primary care provider. Nutritional requirements for children are not solely based upon age and nutrient goals must be calculated accordingly.

NUTRIENTS	12 oz Per Serving (341g/340-355mL*)		2 - pouches 24oz (682g/680-710mL*)		3 - pouches 36oz (1023g/1020-1065mL*)	
	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**
Caloric Density, kcal/mL	1.46		1.46		1.46	
Calories	520		1040		1560	
Protein, % kcal	15		15		15	
Protein, g	20		40		60	
Carbohydrate, % kcal	27		27		27	
Carbohydrate, g	40		80		120	
Fat, % kcal	58		58		58	
Fat, g	34		68		102	
Dietary fiber, g	8		16		24	
Soluble Fiber, g	1.2		2.4		3.6	
Insoluble Fiber, g	6.8		13.6		20.4	
Osmolality mOsm/kg H2O:	460		460		460	
Water, g/mL/cc	242		484		726	
VITAMINS						
Vitamin A, RAEs (mixed carotenoids)mcg	286.34	71.6%	572.68	143.2%	859.02	214.8%
Vitamin B1, Thiamin, mg	0.22	36.7%	0.44	73.4%	0.66	110.1%
Vitamin B2, Riboflavin, mg	0.25	41.7%	0.5	83.4%	0.75	125.1%
Vitamin B3, Niacin, mg	3.35	41.9%	6.7	83.8%	10.05	125.7%
Vitamin B5, Pantothenic Acid, mg	1.55	52.5%	3.1	105%	4.65	157.5%
Vitamin B6, mg	0.34	56.7%	0.68	113.4%	1.02	170.1%
Vitamin B12, mcg	0.5	41.7%	1.0	83.4%	1.5	125.1%
Vitamin C, mg	146.3	585%	292.6	1170%	438.9	1755%
Vitamin D, IU	200	33%	400	67%	600	100%
Vitamin E, Mixed Tocopherols, IU	3.94	56.3%	7.88	112.6%	11.82	168.9%
Folate, mcg	72.2	36.1%	144.4	72.2%	216.6	108.3%
Vitamin K, mcg	64	116%	128	232%	192	348%
Biotin, mcg	4.1	34%	8.2	68%	12.3	102%
Choline, mg	84	33.6%	168	67.2%	252	100.8%
MINERALS						
Calcium, mg	391	39%	782	78%	1173	117%
Chromium, mcg	5	33%	10	67%	15	100%
Copper, mg	0.34	77.3%	0.68	154.6%	1.02	231.9%
Iodine, mcg	50.3	55.9%	100.6	111.8%	150.9	167.7%
Iron, mg	7	68%	14	136%	21	204%
Manganese, mg	1.13	75.3%	2.26	150.6%	3.39	225.9%
Magnesium, mg	73.3	57.9%	146.6	115.8%	219.9	173.7%
Phosphorus, mg	174.7	34.9%	349.4	69.8%	524.1	104.7%
Potassium, mg	780	33.9%	1560	67.8%	2340	101.7%
Selenium, mcg	10.6	36%	21.2	72%	31.8	108%
Sodium, mg	330	33.2%	660	66.4%	990	100%
Zinc, mg	4.8	96%	9.6	192%	14.4	288%
POLYUNSATURATED FAT						
Omega-3 Fatty Acid, mg	6870		13740		20610	
Omega-6 Fatty Acid, mg	2170		4340		6510	

Special Notes:

*mL range is give due to the volume being effected by viscosity, altitude and temperature. For the most accurate measurments please use the grams listed. All nutritional information contained herein is calculated using a 341/per pouch gram weight measurement.

**The DRI percentages are based off the Institute of Medicine's Dietary Reference Intakes for children ages 4-8 years of age.

Nourish Peptide Berry Medley undergoes regular nutritional analysis and lab testing. However, as with any real food product, variations in the nutrient levels can vary depending on the time of year, soil, and weather conditions. Although we do our best to provide you with the most accurate nutritional information possible, if you have a medical condition that requires you to be precise with specific nutrient levels, please discuss the use of this product with your medical team.